



Dr. Nastassia K. Harris, DNP, RNC- MNN, IBCLC

Dr. Nastassia Harris is a registered nurse, International board certified lactation consultant (IBCLC), and a mother of 4. New Jersey. She has over 19 years of experience working with birthing & lactating families. Nastassia is passionate about improving access to qualified lactation professionals and improving breastfeeding rates in the Black community. Nastassia founded The Perinatal Health Equity Initiative in 2018, a non-profit advocacy and support organization dedicated to eliminating racial disparities in Black infant and maternal health using a reproductive Justice lens.. Her most recent venture, Ignite Maternal Health is a consulting and education firm focused on postpartum and newborn nursing and care where she will use her background in academia to provide education at the community level. A lifelong learner, Nastassia has a BSN, MSN-ED, a DNP in educational leadership, and is certified in maternal newborn nursing. Nastassia is an instructor in the Gold Lactation 90 hour breastfeeding course. Additionally, She is active in several committees and organizations including the Jegna council with the Robert Wood Johnson Foundation, The Association of Women's Health Obstetrics and Neonatal Nursing, the Black Mamas Matter Alliance and Black Breastfeeding Week. Nastassia's research and clinical interest include implicit bias/racism in healthcare, breastfeeding in the black community, obstetrical violence, high risk OB, and reproductive justice.